



September 21, 2018

Dear Trinity Families,

The peak of cold and flu season is upon us. To prevent widespread flu in the school we recommend that your child stay home from school if experiencing flu or cold systems. To decide whether or not send your child to school, please consider the following guidelines: Consider keeping your child at home for an extra day of rest and observation if he or she has any of the following symptoms: Very stuffy or runny nose and /or cough-mild sore throat (no fever, no known exposure or strep) Headache--Mild stomach ache

Often when a child awakes with vague complaints (the way colds and flu begin) it is wise to observe your child at home for an hour or two before deciding whether or not to bring them to school. Your child should be physically able to participate in all school activities on return to school. Keeping a sick child at home will minimize the spread of infections and viruses in the classroom. Thank you in advance for helping make this year at school as healthy as possible.

Blessings,
Marsha Wolfe

VOLLEYBALL LOCK-IN: The Trinity Lady Tigers Lock-in is tentatively set for Friday, September 28th. Mrs. Wolfe - our esteemed principal - has agreed to spend the night in the gym with the volleyball team. (She's a brave lady.) We still need another mom or sister or grandmother or aunt to stay at the school that night. We have a home volleyball match at 4:00. After the match, the girls can stay and eat pizza, play some volleyball, watch a movie and just have some fun. This will be a great chance for the Trinity girls and the Grace girls to get better acquainted. [Don Seleski](#)

TELC Enrollment Update:

Total number of students in attendance each week:

Infants: 23

Toddlers: 11

Preschool: 10

Jr. K 10

Extended care: 9

Total: 63

Lunch Reminders: - Remember to pack your lunches. Lunch is between 11:30 - 12:30. Trinity only provides milk for \$0.50. Forgotten lunches - phone calls will be made as soon as the office knows so lunch can be brought. For emergencies Trinity keeps on hand "cup-o-noodles" for 5th - 8th and "uncrustables" for K - 4th. However this will cost \$1.50 and is only to be used if a lunch cannot be delivered.

Tiger Fridays

Free dress allowed in *Tiger colors and Tiger Gear* only

Office Hours: 7:45-3:40 M-F

Phone: 503 288-6403

Email:

office2@trinityportland.org

Stay In the Know

Follow us on social media for up to date info and cool pictures of your beautiful children!

FACEBOOK and

INSTAGRAM:

@trinitylutheranpdx

TWITTER: @TrinityPortland

Sunday Worship:

Come and See!



8:30 AM (Traditional)

Children's' Library available
after services in the
Fellowship Hall!

[Click here for more church
information](#)

Save the Date: September 23 Sunday Parkways

Looking for volunteers:

You can earn 2 Tiger Hours for working two hours at this event!

Scheduled times: 10am-12pm 12pm-2pm 2pm-4pm

Call the office if you are interested in volunteering:

503-288-6403

Extended Care We are so excited to have TELC providing K-6th grade Before & After School Care, as well as Day Camps for no school days! Families must pre-register before using extended care, but TELC will always try to make space to welcome your child. The drop-in extended care rate is \$10/hr, or you can sign up for a regular weekly schedule to save money each week. Monthly rates are available online or in the office. Day Camp costs \$50/day or \$200 for the full week (for Winter, Spring, and Summer Break). Please contact the TELC office today for more information or to register! Web: www.telcportland.org | Email: telc@trinityportland.org | Phone: (503) 719-4397

If you want to tell others why you love Trinity, go to the Trinity Lutheran Christian School Facebook page and write a review!

Tiger Hours

We love our volunteers! Each family who logs 20 or more hours of volunteer service during the 2018-19 school year is eligible to receive a \$125 rebate! Simply log your volunteer hours in the school system, and submit your request form before school ends in June.

Lawn Signs/Facebook -

Place a Trinity lawn sign in your yard or business window and share a picture of the sign and your family with Trinity's Facebook page to earn 2 Tiger Hours. Signs are available at the front desk if you do not have one from last year.

Calendar Notes

Sept. 23 Portland Sunday Parkways: one service at 8:30am
Sept. 28 Trinity Girls Volleyball Lock In
Oct. 6 Tiger Run 5:38pm
Oct. 10-12 No School -- Teacher inservice